

WELLBEING SUPPORT PATHWAY TOOL



(CHILDRENS STATUS TOP) OLICE)

EDUCATION, HEALTH CARE PLAN (EHCP)

Self Help Family/Friends support Parent groups (paid/un-paid) www.thedadpad.co.uk/app

Hampshire Healthy Families Portal

Child Health Advice Clinic, various days, and venues available from own area

Health Visitor Text Service, ChatHealth 07520615720 09.00am to 16.30pm M to F

Websites/ Forums Healthier Together National Childbirth Trust The UK's leading charity for parents | NCT **HCC Family Information and Services Hub**

> Books/literature/library Pre-Schools/Nurseries/Faith groups

Self-Referral to Speech and Language Therapy services ITALK (support for parent mental health)

GP





FSS specialist Parenting Courses I.e. Non-Violent Resolution (NVR); Adverse Childhood Experiences (ACES) training

Primary Behaviour Service/ Well Being Support Service/families

Portage and other agencies e.g., MIND, HDAS (Hampshire **Domestic Abuse Service)**

Early help referral process for professionals | Children and Families | Hampshire County Council (hants.gov.uk) Voluntary Sector agencies i.e. Motiv8; KIDS

PARENTS ROLE
IN EMPOWERING
THEIR CHILD

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Signposting

Five2Thrive Workshops Community Nursery Nurse (HV Team)

School Nurse Workshops: Community Staff Nurse Voluntary Sector agencies i.e., Motiv8, Barnardo's

Pre-schools/Schools: Keyperson/ELSA/Preschool ELSA: Emotional Literacy Support Assistant (ELSA) Teacher/Inclusion Support Officer

Educational psychology (HIEPS) consultation line and times for consultation

Home-Start Hampshire | There for parents when they need us most, because childhood can't wait

Knowing me, Knowing you: Health Visitor/ GP referral only-(Support for parental mental health)

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Specialist Support ELSA/SENCO

Early help referral process for professionals | Children and Families | Hampshire County Council (hants.gov.uk)

Parenting courses (FSS, School, Home Start) i.e. Nurture Programme Community Nursery Nurse (Behaviour support session at home) Portage support/advice in preschools Voluntary Sector Agencies i.e., Motiv8; KIDS



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Hampshire County Council

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Other useful websites:

- Services for Young Children (SfYC) https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/childcare/developmentconcerns
- Family Information and Services Hub Directory https://fish.hants.gov.uk/kb5/hampshire/directory/family.page?familychannel=2-2
- Portage https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/childcare/developmentconcerns/portageservice
- Hampshire Healthy Families www.hampshirehealthyfamilies.org.uk/
- Family Support Service/ Early Help Early help referral process for professionals | Children and Families | Hampshire County Council (hants.gov.uk)
- · Healthier together Fussy eating, tantrums, separation anxiety and toilet training
- Healthier together Behaviour of Concern: Healthier Together (what0-18.nhs.uk)
- ChatHealth ChatHealth: Hampshire Healthy Families
- DadPad www.thedadpad.co.uk/app
- General medical support How to deal with challenging behaviour in children NHS (www.nhs.uk)
- Family Links nurturing programme https://familylinks.org.uk/the-nurturing-programme
- Safe 4 Me Anti-Social Behaviour (ASB) Safe4Me
- · Safety net kids Home My Safety Net
- ITalk https://www.italk.org.uk/
- Eric website https://www.eric.org.uk/
- Hampshire & IOW Educational Psychology (HIEP) https://www.hants.gov.uk/educational-psychology and times for consultation line
- Speech and language referral https://demo.what0-18.nhs.uk/solent/therapies
- Home-Start support Home-Start Hampshire | There for parents when they need us most, because childhood can't wait
- Hampshire Domestic Abuse Service https://www.hants.gov.uk/socialcareandhealth/domesticabuse
- Motiv8 https://motiv8.org.uk/
- Non-violent resistance (NVR) training https://fish.hants.gov.uk/kb5/hampshire/directory/advice.page?id=c8uXFpFFJ0E
- ACES/Adverse Childhood Experiences training https://www.hants.gov.uk/socialcareandhealth/publichealth/hampshirehealthineducation/keystages/earlyyears/emotionalwellbeing